

Prove

Physiotherapy Rehabilitation for Osteoporotic Vertebral Fracture

Issue 6
01-06-2016

RECRUITED 535 TARGET TO REACH 600!

We are nearly there! Our 500 mark was reached when Ipswich recruited their participant on the 26th of April. THANK YOU to our team at Ipswich for getting us there.

Along with all our sites we thank all the participating GPs who are helping us identify participants in the community.

PROVE aims to assess the effects of exercise and manual therapy physiotherapy treatments upon quality of life, function and pain, for people who have had one or more spinal fractures due to osteoporosis.

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Site Updates

Welcome to our new PIs at,
Addenbrookes Hospital, Cambridge

Phillip Clarke

Heavitree Hospital, RD & E NHS

Liz Jacobs & Stephanie Travers-Griffin

Solent NHS

Emma McLoughlin

Welcome to our returning PI at,

Royal Surrey County Hospital

Joanne Richardson

Spotlight

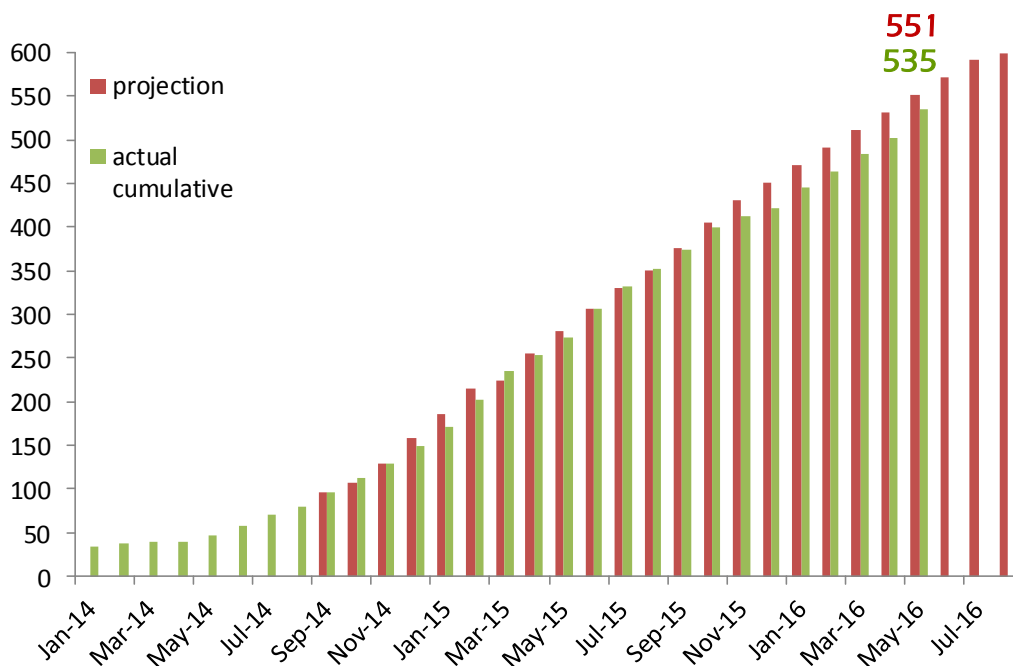
- * Tamsin at Oxford for recruiting 10 participants in May!
 - * Rebecca at Surrey for her endeavour to recruit before she left Royal Surrey and for succeeding!
 - * Marie-Josophe at Nottingham for driving up recruitment again!
 - * Liz and Stephanie at Exeter for reviving PROVE at Exeter!
 - * Stephen at Southend for providing a continuous stream of participants!
 - * Jessica at Sheffield for organising her team across two locations for smooth running of the trial!
 - * Sophia at University College hospital for recruiting their 1st participant after starting the trial in Jan 2015!
- Thank you for not forgetting us!

Feedback on the Study

As I make my visits to the local PROVE teams, and local osteoporosis support groups I have come across some really good feedback from clinicians, patients and people suffering from osteoporosis. On two occasions patients who had already completed their participation in the study stood up to recommend the study to their local group members. Another participant who initially had a very poor view of therapy, completely changed his mind after being with his PROVE therapist. He continued his participation till the end. A few clinicians have changed their view on manual therapy as a possible treatment option for osteoporotic backs! Finally, I met several patients suffering from osteoporosis looking forward to the results of this study. - Varsha Gandhi

TRIAL PROGRESS

Recruitment till 31st May 2016



ONE LAST RECRUITMENT BLAST PLEASE!
MONTHLY TARGET PER SITE - 1-2 PARTICIPANTS

THERAPISTS' CORNER

◆ Participant Retention

As we get closer to our recruitment target the focus will shift to participant retention. Please try your best to follow up at 16 weeks and 12 months.

◆ Data Quality

The quality of data on case report forms and questionnaires have greatly improved. Keep up with the good work! Results are based on the data you collect!

◆ Participant Diaries

Please encourage participants to use their diaries and bring them for you. This way we can analyse whether the treatment you provided was cost-effective.

◆ Screening Logs

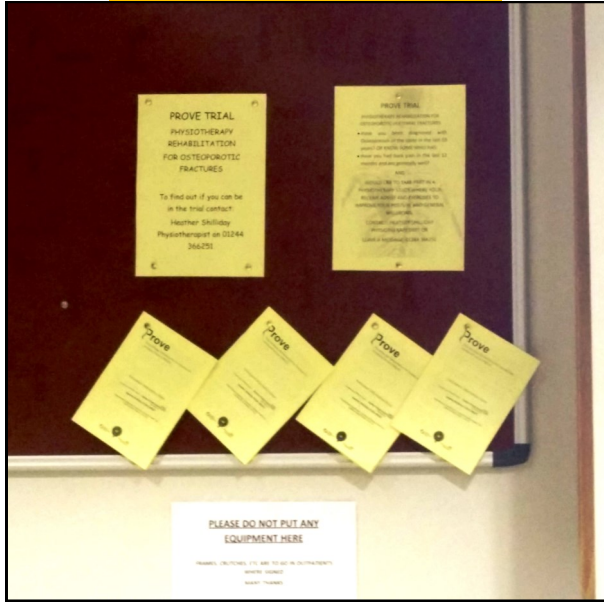
Don't forget to keep your screening logs up-to-date. This is one of the ways a trust decides on funding departments for future research.

◆ Forms

Please use the website for all the updated forms (case report form, off-study form and adverse event forms)

www.ndorms.ox.ac.uk/prove/

Way to go advertising Chester!



Contact
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