

Electronic recruitment and consent in a multi-centre randomised clinical trial in an orthopaedic trauma setting

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Introduction

Within a trauma or emergency setting, when limited time is available for the identification of eligible patients and the consent process, an in-clinic setting for recruitment is often favoured.

To date few trials, where prospective patient consent needs to be obtained in a more acute situation, have attempted to recruit without the patient and researcher sharing a location.

The Covid pandemic led to the introduction of alternative approaches to trial procedures. The option of **recruiting patients to a clinical study without face-to-face contact** was introduced into the FAME trial. In addition to potentially reducing infection risk it also could lead to reduced travel and save clinic and patient time.

Aims

To **enhance recruitment** with an **entirely remote** recruitment function.

Methods

- **Bespoke “virtual consent” function:** research staff screened patients and consented them remotely.
- Participant entered baseline data in a home setting, guided by research staff. Neither patient nor researcher need be present in the hospital.
- **Seamless link** to REDCap, FAME’s clinical database and RRAMP randomisation system.
- Researcher and patient required a phone, and internet browser access.
- **Training** by central trials unit staff via a simple flowchart, and site training through remote meetings.

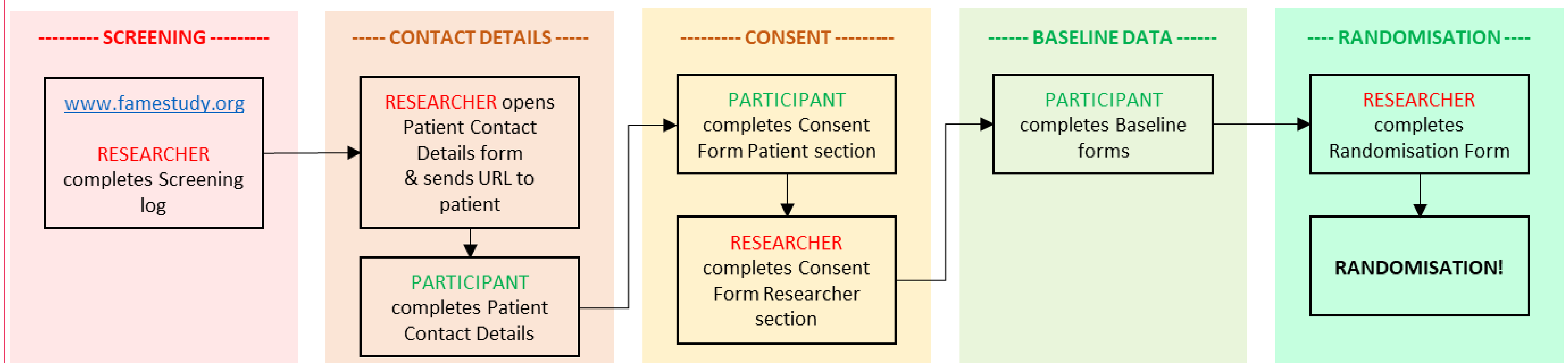


Figure: Virtual consent flowchart

Results

Since virtual consent was introduced to the FAME trial, **34 participants have been randomised using virtual consent** (5% of 657), across 10 of the 24 recruiting sites.

Discussion

Feedback from sites and repeated site use of the function indicate that the virtual consent function is popular.

Self-isolating researchers can work; patients can be randomised at home following virtual fracture clinics.

While research resources were and continue to be under pressure, **patients have been randomised who would otherwise have been missed.**

We recommend that an entirely remote recruitment function is considered as standard for other trials.

