





Postmenopausal women and men  $\geq 50$  yrs committed or exposed to  $\geq 3$  months oral glucocorticoids

Counselling and general measures (see Table 5)

Previous fracture or  
age  $\geq 70$  yr or  
prednisolone  $\geq 7.5$  mg/d

No previous fracture, age  $< 70$  yr,  
prednisolone  $< 7.5$  mg/d

Assess risk: adjusted FRAX  $\pm$  BMD

Above intervention  
threshold\*

Below intervention  
threshold\*

Consider treatment  
(see Section 9)

Monitor as indicated (see Table 7)

\* Threshold will vary according to country

**Premenopausal women and men < 50 yrs committed or exposed to  $\geq 3$  months oral glucocorticoids**

**Consider dose of prednisolone and clinical risk factors  
Counselling and general measures (see Table 5)**

**Previous fracture**

**No previous fracture**

**Consider treatment  
(see section 14)**

**Treatment decisions  
based on clinical judgment  
Limited evidence base**

**Monitor as indicated (see Table 7)**