



Patient & Public Involvement Newsletter

Recently published Trials!

In the recent months we have had a flurry of publications come from our trials. Four of the biggest are trials that have now concluded:

UKSTAR — The aim of the UKSTAR trial was to compare treatments for rupture of the Achilles tendon. This month the results of the trial were published in the Lancet ; one of the most prestigious journals in the world. [https://www.thelancet.com/journals/lancet/article/PIIS0140-6736\(19\)32942-3/fulltext](https://www.thelancet.com/journals/lancet/article/PIIS0140-6736(19)32942-3/fulltext)

WOODCAST— The WOODCAST study tested the feasibility of comparing two different cast materials for distal radial fractures. Last month the findings were published in the Bone & Joint Journal, showing that a definitive trial was feasible. <https://online.boneandjoint.org.uk/doi/full/10.1302/0301-620X.102B1.BJJ-2019-0243.R2>

WHIST—WHIST examined whether incisional negative pressure wound therapy reduced deep wound infection rates. In its publication within Journal of the American Medical Association this month, the trial showed no significant differences between these new dressings compared to standard wound dressings. <https://jamanetwork.com/journals/jama/fullarticle/2760736>

PATH2: The trial studied Platelet Rich Plasma therapy; the main finding was that there was no difference in the amount of work the injured calf muscle and tendon could generate with or without PRP. There was also no difference in levels of pain, symptoms and physical function, or other patient-reported outcomes . <https://www.bmj.com/content/367/bmj.l6132>

None of this could be possible without the involvement of our PPIs, and we thank you for your hard work.



BBC Radio Oxford

Matt Costa talks to BBC Radio Oxford about the WHIST trial which has shown standard £2 dressings are just as effective as more expensive 'negative pressure' wound dressings, which the NHS uses and at a cost of £150, after major trauma.

Listen [here](#) (scroll to at 3.42 to the start of the feature)

Upcoming Events

- Oxford Trauma Cluster session, Wednesday 11th March 2020
- Oxford Trauma Cluster Session, NIHR/Orthopaedic Trauma Society Musculoskeletal Trauma Research Network Meeting, Wednesday 13th May 2020
- Oxford Trauma Cluster Session, Patient & Public Involvement Wednesday 28th October 2020 (**PPI members funded for this meeting**)
- Oxford Trauma Cluster session, Wednesday 16th December 2020

For more information regarding any of the above events, please email:

oxfordtrauma@ndorms.ox.ac.uk



Click the link above , or go to https://twitter.com/Oxford_Trauma to find more information on the Oxford Trauma team.

USEFUL LINKS:

Guidance on co-producing a research project:

https://www.invo.org.uk/wp-content/uploads/2019/04/Copro_Guidance_Feb19.pdf

Involving children and young people as advisors in research:

<https://www.invo.org.uk/wp-content/uploads/2019/10/Involving-children-and-young-people-as-advisors-in-research.pdf>

Public Co-Applicants in Research:

<https://www.invo.org.uk/wp-content/uploads/2019/04/Co-AppsGuidance2019.pdf>

National Standards for Public Involvement:

https://www.invo.org.uk/wp-content/uploads/2019/02/71110_A4_Public_Involvement_Standards_v4_WEB.pdf

How we involve the public :

<https://www.hra.nhs.uk/about-us/what-we-do/how-involve-public-our-work/>

Patient experience and PPI involvement:

<https://www.patientlibrary.net/tempgen/209498.pdf>



HUSH is one of our newest trials. It will look at humeral shaft fractures; a break in the long bone of the upper arm. They occur mainly in two groups of individuals; young men and older women. The most common treatment for these fractures is non-operative using a cast and a brace. There is however a trend towards treating these fractures surgically.

HUSH will look to compare non-operative and surgical treatments and to see if there are any differences in the quality of life of the patient. We will also compare the cost effectiveness of both treatments.

8th NIHR OTS Musculoskeletal Trauma Trials Annual Meeting

The 8th NIHR OTS Musculoskeletal Trauma Trials Annual Meeting took place on the 15th January at the Hilton Newcastle Gateshead. Attendance was high and the agenda included updates on a good mix of studies that are in set up and open to recruitment, and results from completed studies. It also included external speakers such as Olof Wolf who gave a talk on Trials and the Swedish Fracture Registry and Ken Egol on training opportunities in Trauma in the USA. Overall, it was a fantastic day!



A special thank you to Karen Keates and Philip Bell who attended this event.

If you would like a copy of the talks, please email Lauren Exell: oxfordtrauma@ndorms.ox.ac.uk

Above: Katy Mironov, WHITE5 and WHITE9 Trial Manager, giving her poster talk.

